

Mudsock Youth Athletics Minimum Requirements:

Symptoms

Any coach, player, parent, referee and or spectator who is sick, has a persistent cough, is running a temperature or is displaying any symptoms suggesting that the individual may be ill will be prohibited from participating/attending practice or games. Any coach or league volunteer who sees any adult spectator who displays any of these symptoms will be politely asked to leave. Any participant who is displaying any of these symptoms should be safely removed from practice/game and their parent/guardian should be alerted or contacted, if not present at the practice/game. Volunteers will be charged with monitoring their own temperature before attending practice/games. Participant's family members will be required to monitor their participant's temperature prior to attending practice/games.

League leadership will send out reminders before practices/games of these requirements and signage will be present at/outside the facility.

Physical Touching

High fives, fist bumps, pats on the back, elbow bumping and other sports related physical touching is prohibited. Our organization always encourages permission-based touching and discourages unwanted touching from both our volunteers and participants. However, we know that children will high five, hug, and initiate a myriad of other potential physical touching despite instruction to avoid that type of contact during this time. We ask all of the adults and volunteers associated with our programs to be vigilant and continue to prevent physical touching for the safety of our participants and their families.

*The only exception applies where physical contact is permissible within the rules of the individual sport. Participants are still encouraged to avoid contact when they can. Coaches should limit physical contact for practice in sports such as football and rugby to the end of practice.

Face Coverings

Coaches are required to wear appropriate face coverings during all practices and games. Participants will also be required to wear face coverings except when participating in physical activity associated with their respective sport. It is the responsibility of the participants' parents/guardians to ensure the face covering is properly secured. Volunteer coaches should not adjust or handle participants' face coverings or other personal protective equipment. Any other individuals who assist with the practice/game are required to wear appropriate face coverings and follow social distancing guidelines.

Outdoor sports – Spectators will be required to wear a face covering when unable to maintain 6 foot distancing from non-family members. Additionally, they are expected to wear face coverings when using bathroom facilities, visiting concession stands or any activity that takes them indoors.

Indoor sports – Spectators will be required to wear a face covering at all times while attending a Mudsock Youth Athletics activity.

*Children under the age of 5 are not required to wear a face covering, but are still strongly encouraged to do so.

**Medical exemptions may be permitted, but are advised to maintain 6 foot social distancing at all times. Any participant with a potential medical exemption is encouraged to notify their coach immediately.

Practice/Game Equipment

Coaches will continue to bring team balls, cones, goals and other league-provided equipment to facilitate games or practices. The gathering of that equipment should be handled exclusively by the coaches and/or league volunteers present. Participants should not touch any league-provided practice/game equipment unless it is essential protective gear or specialty item required for competition.

Shared Equipment

For sports that require protective gear or specialty items, it will be the responsibility of the coaches to wipe down any league-provided equipment that will be shared after each participant use. A participant should bring as much of their own equipment that is allowed to minimize the sharing of equipment. Participants should not share their personal equipment or water bottles for any reason.

Park and School Facilities

Any facilities that are utilized during practice and/or games will be cleaned in accordance with the city of Fishers and HSE Schools requirements. Mudsock Youth Athletics will adhere to the current orders from the governor pertaining to attendance numbers at a facility. At no point will the number of people present exceed the governor's maximum allowed capacity. Volunteers, participants and spectators are encouraged to visit the bathroom facilities individually instead of in groups (when age appropriate).

Outdoor sports - Some locations may require portable restroom facilities instead of permanent ones. Mudsock Youth Athletics encourages the usage of these facilities in an emergency capacity only due to the lack of running water for handwashing. All portable restrooms will be outfitted with hand sanitizer and additional hand sanitizer can be provided by a coach. If bleachers are available, spectators should maintain 6 foot distancing from non-family members. Lawn chairs and other portable seating is encouraged.

Indoor Sports – If bleachers are available, spectators should maintain 6 foot distancing from non-family members. If bleacher space is limited or not available, adults will be encouraged to bring their own chairs. Only one adult per participant is permitted to attend practices and games.

Social Distancing Enforcement

At all locations a league volunteer (board member on duty) should enforce the above social distancing guidelines and protocols. These volunteers are encouraged to contact their league president or Mudsock Youth Athletics staff if an issue arises. At locations where a board member on duty is not present, it is the responsibility of the coaches, participants and spectators to observe and enforce the proper protocols and social distancing guidelines.